



2024 REFLECTION & 2025 VISION QUESTIONS

The New Year is an ideal opportunity to reflect  on the past, understand the present, and build a vision for your future.

Reflective learning is essential to personal and professional development that fosters continuous improvement and lifelong learning. It is a process in which you think critically about your experiences to deepen your understanding and unlock potential for even greater success. 

 Take time to reflect on these questions to promote your higher-level thinking and deeper understanding.

My Past Year:

1. What was my greatest achievement?

Personal:

Professional:

2. What were the most significant challenges in 2024, and how did I face them?

Personal:

Professional:

3. How would you rate your self-leadership over the last year on a 0 -10 scale? _____
ii) Explain what the number means to you. ([click to read more about self-leadership](#))

4. How would I rate my leadership of others on a 0-10? _____
ii) Explain what the number means to you. ([click to read more about the leadership of others](#))

5. What did I learn in 2024?

My Vision for 2025:

1. What do I want to accomplish, experience, or develop in 2025?
Personally

Professionally

ii) What do I need to say yes and no to accomplish these goals?

2. What would make my self-leadership a 10/10?

ii) What will the ripple effect be?

iii) What will I commit to?

3. What would make my leadership of others a 10/10?

ii) What will the ripple effect be?

iii) What will I commit to?

4. What supports will I put in place when I slip?

ii) Who will I contact to challenge my thinking, offer perspective, and innovate?

5. What word or phrase will I connect to to keep my purpose present daily?